



Dr Louise Byrne works within the mental health sector from the perspective of her own experience of significant mental health challenges, service use and Recovery. Louise has worked from her lived experience in a variety of roles in government, non-government and tertiary settings since 2005. Including a role as an expert advisor to the Queensland Mental Health Commission. She currently works at CQUniversity, Australia where she is employed as a lived experience in mental health academic.

Louise teaches the Recovery approach in mental health and conducts research focused on the experiences and needs of the lived experience workforce. Louise has won numerous awards for her ground-breaking work including the Queensland Mental Health Week Individual Achievement Award in 2016. Louise is regularly invited to speak at conferences and a range of media including being a panelist on ABC television's popular program 'Q&A'. Louise believes firmly in the role of industry based and focused research in aiming for best practice.